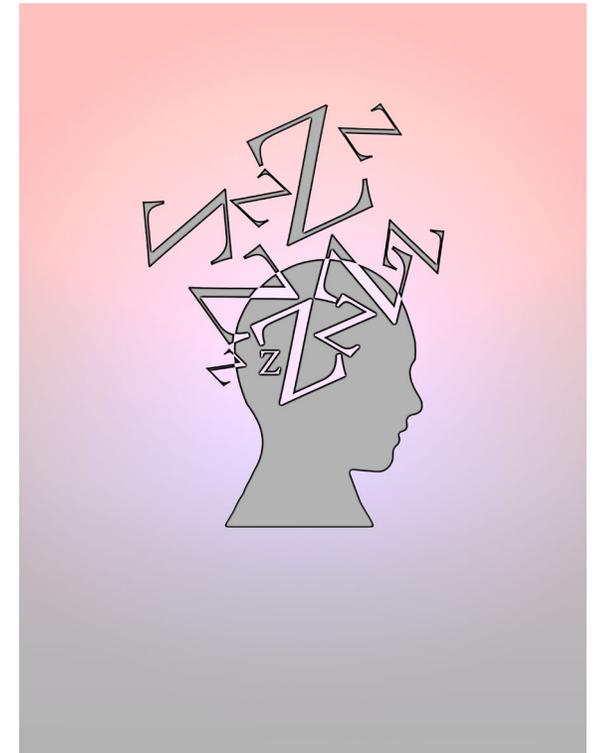


Language of Dreams Pt II

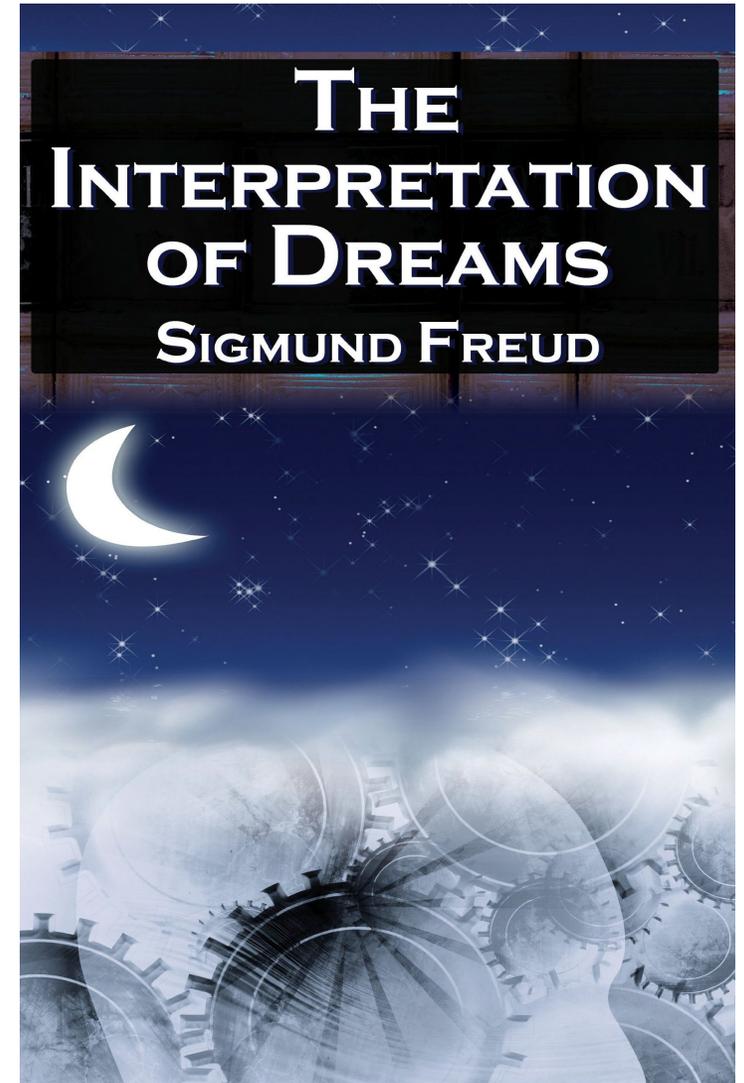
Quotations from: AN OPEN WINDOW: DREAMS AS EVERYONE'S GUIDE TO THE SPIRIT

Sri Madhava Ashish (1920–1997),

The great problem with dreams is that they have to be interpreted. But the word 'interpretation' must never be taken as an attempt to bring the source of dreams under the control of our egotistic attitudes. ***Dreams speak to us in their own language, so our task is really to translate that language into terms that we can comprehend, and to do it with as little distortion as possible.***



The commonest dialects, and the ones easiest to learn, are those spoken by the different psychological schools. It is useful and even necessary to know them, but one has to avoid adopting their accents. For example, while we must be free to borrow from Freud's insights into the interpretation of dream symbols, we must not put ourselves into a position where every dream is interpreted with a Freudian accent.



| Freud vs. Jung Dream Theories | |
|---|---|
| <i>Freud</i> | <i>Jung</i> |
| View of Unconscious | |
| <ul style="list-style-type: none"> • Dangerous • Personal unconscious • Negative id drives of sex/aggression | <ul style="list-style-type: none"> • Potentially dangerous force of nature • Personal & Collective unconscious • Bright shadow |
| Function of dream | |
| <ul style="list-style-type: none"> • Wish fulfillment | <ul style="list-style-type: none"> • Compensation |
| Analytic tool | |
| <ul style="list-style-type: none"> • Free association | <ul style="list-style-type: none"> • Amplification |

The way to avoid this problem is to be clear about one's aim. Even though a lot of the work we shall have to do will be the same as regular psychological analysis in which the analyst's aim would be to make us well-adapted citizens, we, by contrast, aim to use the psychological tools to free ourselves from the compulsions of desire, so that we can pass beyond the surface of the waking mind and find whatever it is that is there. To this end, therefore, it is helpful to familiarize ourselves with the mystical teachings of the world. In spite of its being second-hand information of limited value, we shall benefit from the way the real truths resonate with their symbols.



Animal Spirit Guide The Wolf

If a Wolf shows up, it means:
Characteristics and behaviors
that no longer serve your spiritual purpose
are being culled from your consciousness.
Make cooperation a priority over competition.
Valuable insights, ideas and new teachings
are coming your way so pay close attention.
It is important to maintain
your self-esteem and integrity
and deeply trust your inner knowing
even when you feel misunderstood.
You are being spiritually and psychically
protected at all times.

From the handbook Animal Spirit Guides by Steven D. Farmer

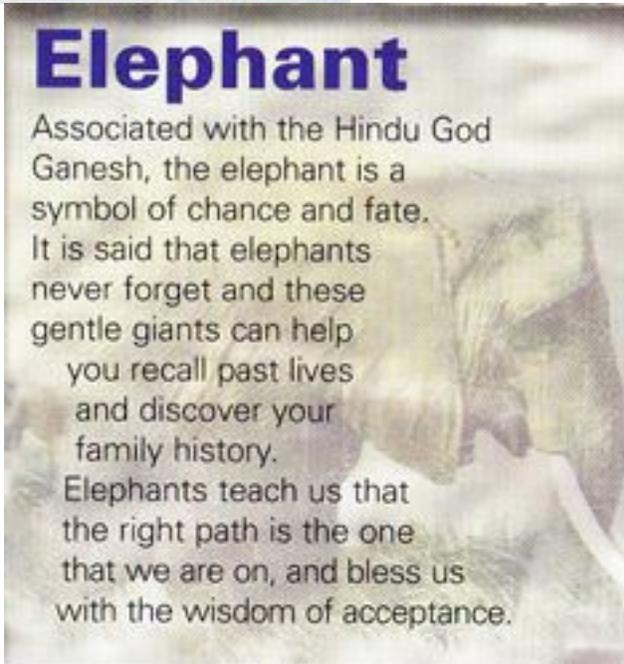


If we already know what dreams may say, then what need have we of attending to them? And if dreams tell us what we do not know, then how can we be sure of their truth?

If the message of a dream were to be too different from anything with which we were familiar, we would have no means of relating it to any known framework or body of knowledge and so have no means of understanding it. In other words, we have to be close to the next step in understanding before we can be shown it. And even then it takes an effort to distinguish the unfamiliar in it from the necessarily familiar terms in which it is described. We, therefore, have to know something about what we are seeking before we become capable of recognizing it when we find it.

Elephant

Associated with the Hindu God Ganesh, the elephant is a symbol of chance and fate. It is said that elephants never forget and these gentle giants can help you recall past lives and discover your family history. Elephants teach us that the right path is the one that we are on, and bless us with the wisdom of acceptance.



Even though we know that such head-learning cannot substitute for experience, we must also know that without some framework of reference not even the ultimate experience would convey its full import to us, especially when it appears in a form totally different from what we might have expected.

A dream which is not interpreted is like a letter which is not read.

- The Talmud



**YOU ARE
THE BOOKS YOU
READ, THE MOVIES
YOU WATCH, THE MUSIC
YOU LISTEN TO, THE PEOPLE
YOU MEET, THE DREAMS
YOU HAVE, THE CON-
VERSATIONS YOU ENGAGE IN.
YOU ARE WHAT YOU
TAKE FROM THESE...**