



For further information on any aspect of the exoteric astrology studies, please go to the following site which

has it compiled in one place:

https://cafeastrology.com/

We will be looking at the following connections to our personal charts in the next 8 weeks:

Progressed Moon --- Importance of watching the exoteric results of this movement

Transits and Natal Saturn ---- How the disciplines affect our initiation and progress

Transits and Natal Uranus ---- How change and our adaptation to change improves our movement into higher vibrations.

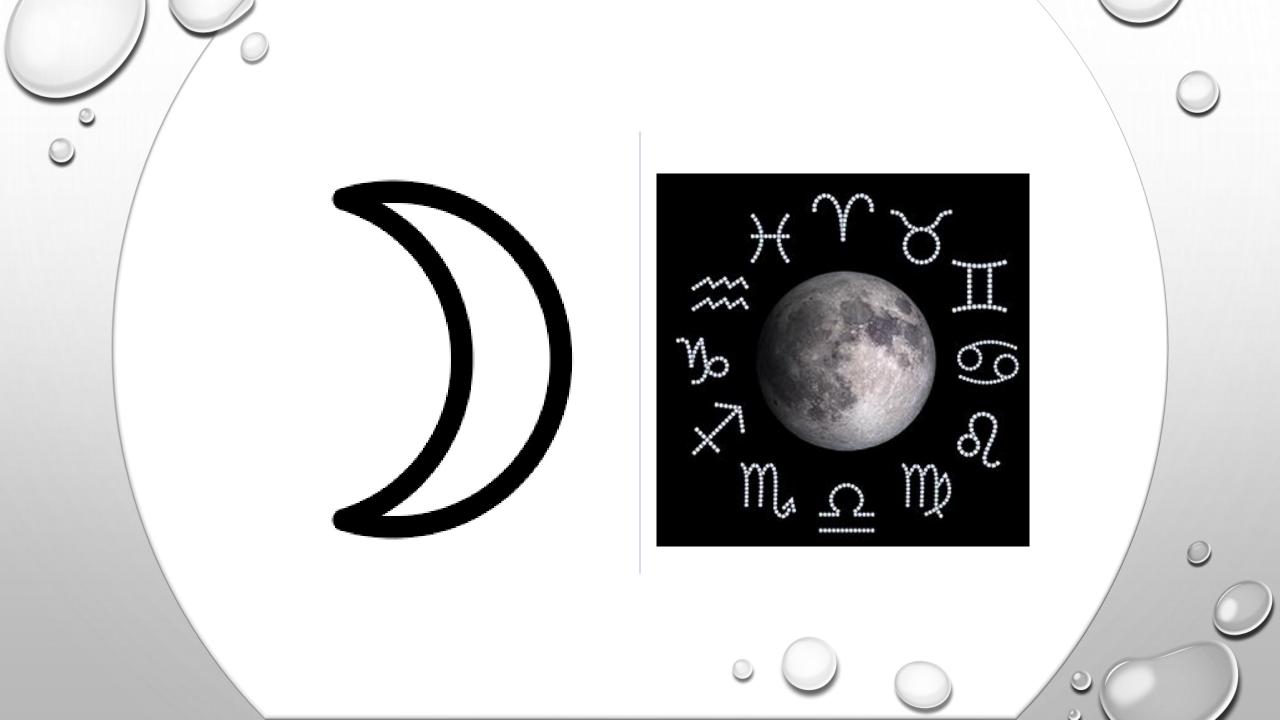
Transits and Natal Neptune and Chiron ---- The spiritual and intuitive healing elements in our natal charts and transits.

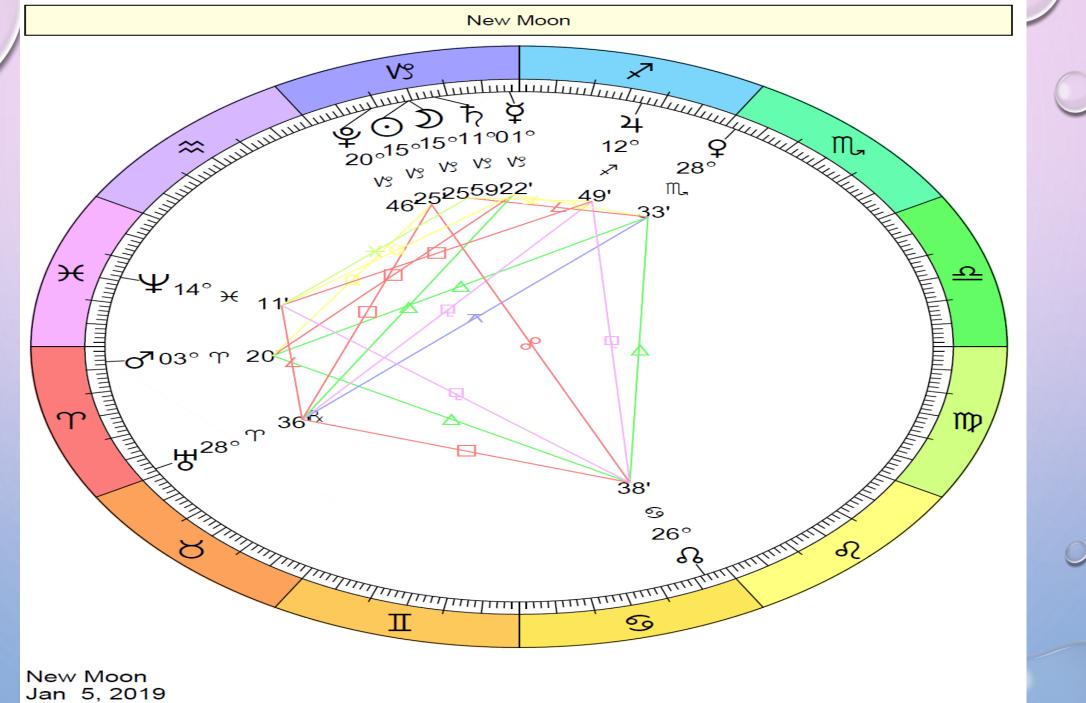
(2 week break)

Review of the outer planets and their affect on our initiation and individuation process.

Transit and Natal Pluto --- the affect of trauma and abuse on our spiritual quests

Setting our goals and ambitions at all levels mentioned above.





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You can also go to the following site to get information:

https://cafeastrology.com/

https://cafeastrology.com/progressedmoonsigns.html

https://cafeastrology.com/progressedmoonaspects.html

Make sure you look at the following and answer these for (homework) by emailing me the answers out of your progressed chart/Moon:

What sign is your Natal Moon in? And what is the ruler of your Natal Moon Sign?

What Sign is your Progressed Moon in?

In what house is your Progressed Moon placed?

What is the ruler of your Progressed Moon?

What are immediate and closest aspects to your Progressed Moon?

From Café Astrology (strongly recommended as a resource)

The Moon is the fastest moving "planet", so it follows that the Progressed Moon is the fastest moving progressed planet. Because the Progressed Moon moves at an approximate rate of 12 degrees per year, it passes through a zodiac sign for approximately 2-1/2 years.

These 2-1/2 year periods show us attitude shifts in our lives. The current sign of the Progressed Moon shows us the energies that we are drawn to at that point in time.

Because zodiac signs move from masculine to feminine to masculine, and so forth, every 2-1/2 years (approximately), our energies tend to shift from outward to inward to outward again.

It is important to remember that our natal charts are wired, so to speak, such that each sign is tied to particular houses. If Aries, for example, is found on your sixth house cusp, when the progressed Moon is in Aries, it will, at least for some of the time, also transit the sixth house. As you read the descriptions of the Progressed Moon through the signs, always keep in mind the house position as well. Signs always reveal attitudes and the houses show specific behaviors and circumstances.

To look up your Progressed Moon through the signs/houses:

https://cafeastrology.com/progressedmoonsigns.html

## The Progressed Moon in Aspect - Overview

As noted before, the Moon progresses approximately one degree per month or less. The aspects it forms to both natal and progressed planets and points have a short-term effect in comparison to those made by other planets and points. The progressed Moon aspects reveal our *emotional orientation* at that time in our lives.

Harmonious aspects of the progressed Moon indicate periods when one feels *natural* or *comfortable* in the areas of life affected. Challenging aspects indicate periods of time when we feel that our natural responses do not bring us what we want in the affected areas.

Take into consideration the progressed Moon's relationship with the natal Ascendant. With challenging aspects, we can feel a bit (or a lot) "off". Social, emotional, or physical discomfort are all possibilities. With harmonious aspects to the Ascendant, we feel emotionally "well". We feel that our environment and the situations we are in support our natural responses to life. We feel good, and our popularity with others increases. We might meet, or associate with, people who make us feel good or facilitate our natural expression.

Our emotions can drain our physical energy. At the end of a hard day emotionally, we can feel as if we've run a marathon. The progressed Moon's challenging aspects to the Ascendant suggest periods of time when we feel emotionally drained, out of sorts, and less equipped to handle life's pressures. In contrast, harmonious aspects of the progressed Moon to the Ascendant point to times when we feel emotionally effective and full. Either state, of course, will affect our personal sense of well-being, our physical well-being, and our personal popularity.

Trines and sextiles of the progressed Moon do not always correspond with times in our lives when major events happen. However, we feel these aspects in little ways. For example, a woman who, because of scheduling and time problems, was unable to fit exercise into her daily routine began an exercise routine when the progressed Moon trined her natal Mars conjunct Ascendant. Although we cannot classify this as a major event in her life, it was a personally significant time when she was feeling good about herself. We can say that circumstances were such that she could make time for her exercise program. However, it is more likely that her emotional orientation was such that she made time for exercise. From the outside looking in, her circumstances didn't seem to change at the time of the trine–she still had a busy career and family life. It was a personal choice she made, likely because she felt better about herself and made exercise one of her priorities. She was emotionally ready and disposed.