

Intentional Coaching - Following your Intention, Inspiration and Intuition -

Manifesting daily, weekly, monthly, yearly all that you are meant to be and more.



Urobos - Standing for Wholeness

Example of individual session focus1:

Three major Intentions for you to attain:

Becoming:

Acting in order to 'become' _____

How I want others to see me: _____

...immediate condition of your life and how you have manifested what you want and don't want. Do you know the difference?

Immediate assessment of your life today:

How do the following meet my intentions:

Family as of now:

Changes I need to make:

Partnerships/Friends as of now:

Changes I need to make:

Education/Training/Career:

Changes I need to make:

My physical condition of meeting my intentions now:

Changes I need to make to meet my intentions:
